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www.hotgrommet.com













## The Hot Grommet Surf Star Challenge

is a board game where the participants manoeuvre their tokens through a variety of beach conditions where they will be assigned certain circumstances and asked to perform tasks where they will be consequently be rewarded or penalised depending on their responses to the tasks. The winner will be the person who manoeuvres their token to the winners podium first.

In reality all participants will be winners as during the game they will have gained a wealth of knowledge regarding life experiences at the beach. These include:

- healthy attitudes to eating
- training
- respect for other participants
- basic CPR and first aid skills
- respect for the beach environment and associated flora and fauna
- recognising dangerous ocean conditions
- recognising dangerous creatures
- what to do in life threatening situations
- how to prepare their bodies for the environment they are about to enjoy
- avoid conflict
- basic surfing and board riding skills and terminology.
- what numbers to call in an emergency
- how to explore and recognise their limitations so as not to endanger themselves or other users of our wonderful natural beach facilities.



## The Hot Grommet Surf Star Challenge

is a useful educational tool that is utilised through the Surf Life Saving movement in Australia, the Australian education system, surf schools and wherever people are at risk of exposure to dangerous swimming and surfing conditions.

Hot Grommet Surfboards Australia has created a fun method of educating all beachgoers on the way to enjoy a safe and fun expericence while they are at the beach.

Enjoy hours of quality education time with the whole family sharing how to be Surf-Smart by playing

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